THE POCK E T


Magickal References at Your Fingertips

Kerri Connor

# The Pocket Spell Creator 

# $\mathcal{M a g i c k a l ~ R e f e r e n c e s ~}$ <br> at Your Fingertips 

By<br>Kerrí Connor

Neuk Dage Bangs<br>New Page Books

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## Dedicated to Wendy Woo, Ye olde Penguin

## Disclaimer

The herbal information in this book is provided for educational purpose only and is not meant to be used without consulting a qualified health practitioner before use. Please contact your physician before ingesting or applying anything to your skin.

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Introduction

## The Pocket Spell Creator

This book is designed to help you make up your own spells and find which ones and what type work best for you.

The book is divided into multiple sections, so you may choose a selection from each topic to create your final spell. This book is best used for browsing instead of reading straight through. Find what you need from each section to create your spells. At the end there are worksheet examples you can use to record your own spells and rituals along with their results so that you may look back and see what has had positive results for you, and also what hasn't.

To get started, skim through the entire book and familiarize yourself with the worksheets and the different sections.

Section 1


The Elements
and Their Associations

## The Pocket Spell Creator

## Earth

Direction: North.
Zodiac Signs: Taurus, Virgo, Capricorn.
Practical, skillful, down-to-earth, deals with physical things and financial matters.
Rules: Body, growth, nature, sustenance, material gain, prosperity, money, death, caverns, fields, meadows, plants, trees, animals, rocks, crystals, manifestations, and materialization.
Time: Midnight.
Season: Winter.
Colors: Black, brown, green, gold, mustard.
Oils: Pine, cypress, cedar, sage, vetivert.

## Air

Direction: East.
Zodiac Signs: Gemini, Libra, Aquarius.
Social, intellectual, concerned with ideas, communication, and social interrelationships.
Rules: The mind, all mental, intellectual, and some psychic work, knowledge, abstract thought, theory, mountaintops, prairies open to the wind, wind, breath,
clouds, vapor and mist, storms, purification, removal of stagnation, new beginnings.
Time: Dawn.
Season: Spring.
Colors: White, yellow, lavender, pale blue, grey. Oils: Frankincense, violet, lavender, lemon, rosemary.

## Water

Direction: West.
Zodiac Signs: Cancer, Scorpio, Pisces.
Sensitive, emotional, intuitive, romantic, seem to think with their emotions.
Rules: Emotions, feelings, love, sorrow, intuition, the subconscious, conscious mind, womb, fertility, menstruation, cleansing, purification, ocean, lakes, tide pools, springs, wells.
Time: Twilight.
Season: Autumn.
Colors: Blue, blue-green, grey, aquamarine, indigo, white.

Oils: Lemon, lily of the valley, camphor.

## The Pocket Spell Creator

## Fire

Direction: South.
Zodiac Signs: Aries, Leo, Sagittarius.
Energetic, idealistic, assertive, courageous, active, stimulating, creative, and passionate.
Rules: Creativity, passion, energy, blood, healing, destruction, temper, faerie fire, phosphorescence, will-'o-the-wisps, volcanoes, flame, lava, bonfires, deserts, the sun.

Time: Noon.
Season: Summer.
Colors: Red, orange, gold, crimson, white, peridot. Oils: Lime, orange, neroli, citronella.

Section 2


Full Moons and
Their Associations

## The Pocket Spell Creator

January
Wolf Moon, Quiet Moon, Snow Moon.
Do spells for: Beginnings.
Herbs: Marjoram, holy thistle, nuts, and cones.
Colors: White, blue-violet, black.
Stones: Garnet, onyx, jet, chrysoprase.

## February

Storm Moon, Ice Moon, Hunger Moon, Wild Moon, Red Moon, Cleansing Moon, Big Winter Moon.
Do spells for: Facing life's challenges, purifying, dedicating or rededicating.
Herbs: Balm of Gilead, hyssop, myrrh, sage.
Colors: Light blue, violet.
Stones: Amethyst, jasper, rock crystal.

## March

Chaste Moon, Seed Moon, Moon of Winds, Plow Moon, Worm Moon.
Do spells for: Success and hope.
Herbs: Irish moss.
Colors: Green, violet.
Stones: Aquamarine, bloodstone.

## April

Seed Moon, Growing Moon, Planting Moon, Pink Moon, Green Grass Moon.
Do spells for: Planting.
Herbs: Basil, chives, dragon's blood, geranium, thistle.
Colors: Red, gold.
Stones: Ruby, garnet.

## May

Hare Moon, Merry Moon, Flower Moon.
Do spells for: Health, love, romance, wisdom.
Herbs: Elder, mint, rose, mugwort, thyme, yarrow.
Colors: Green, brown, pink.
Stones: Emerald, malachite, amber.

## June

Lovers Moon, Mead Moon, Honey Moon, Rose Moon, Strawberry Moon.
Do spells for: Romance, sex.
Herbs: Skullcap, meadowsweet, parsley.
Colors: Orange, yellow-green.
Stones: Topaz, agate, alexandrite.

## The Pocket Spell Creator

## July

Mead Moon, Hay Moon, Wort Moon, Moon of Blood, Thunder Moon.

Do spells for: Enchantment, health, success, strength.
Herbs: Honeysuckle, lemon balm, hyssop.
Colors: Silver, blue-grey.
Stones: Pearl, moonstone, white agate.

## August

Wyrt Moon, Corn Moon, Barley Moon, Harvest Moon. Do spells for: Abundance, plants, agriculture, herbs, marriage.
Herbs: Chamomile, St. John's wort, bay, angelica, fennel, rue, orange.
Colors: Yellow, gold.
Stones: Cat's-eye, jasper, fire agate.

## September

Harvest Moon, Wine Moon, Singing Moon.
Do spells for: Protection, prosperity, abundance.
Herbs: Copal, fennel, rye, wheat, valerian, skullcap.
Colors: Brown, yellow-green, yellow.
Stones: Peridot, olivine, chrysolite, citrine.

## October

Blood Moon, Harvest Moon, Moon of the Changing Season.
Do spells for: New goals, protection, spirituality, resolution.
Herbs: Pennyroyal, thyme, catnip, angelica, burdock.
Colors: Dark blue-green.
Stones: Opal, tourmaline, turquoise.
November
Snow Moon, Dark Moon, Fog Moon, Mourning Moon, Mad Moon.
Do spells for: Family, friends, divination.
Herbs: Verbena, thistle.
Colors: Grey, sea green.
Stones: Topaz, lapis lazuli.

## December

Oak Moon, Cold Moon, Wolf Moon, Moon of Long Nights.
Do spells for: Hope and healing.
Herbs: Holly, English ivy, fir, mistletoe.
Colors: Red, white, black.
Stones: Serpentine, peridot.

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Section 3


Moon Phases and
Their Associations

## The Pocket Spell Creator

## New Moon

When the moon is not visible.
Banishments, psychic energy, healing, resting.

## Waxing Crescent Moon

When the visible part of the moon is less than half full and increasing.
Invoke things you want, start new projects, control energies and growth.

## First Quarter

When half of the moon is full and increasing.

## Full Moon

When the full moon is visible.
Integrating and perfecting ideas and projects, working on positives, psychic energy, creativity, physical energy.

## Last Quarter

When half of the moon is full and decreasing.

## Waning Crescent Moon

When the visible part of the moon is less than half full and decreasing.

Section 4


Days of the week and Their Associations

## The Pocket Spell Creator

## Sunday

Ruled by the sun.
Success, power, swift change, God ritual, healing, spirituality, strength, and protection.

## Monday

Ruled by the moon.
Psychic work, Goddess ritual, faerie magick, peace, sleep, healing, compassion, friends, purification, and fertility.

## Tuesday

Ruled by Mars.
Protection, victory, courage, athletics, passion, sex, and aggression.

## Wednesday

## Ruled by Mercury.

Communication, intellectual pursuits, flexibility, the conscious mind, study, travel, and wisdom.

## Thursday

Ruled by Jupiter.
Business, group pursuits, joy, laughter, expansion, money, prosperity, and generosity.

## Friday

Ruled by Venus.
Love, friendship, nature, beauty, arts and crafts, and reconciliation.

## Saturday

Ruled by Saturn.
Crystallization, hidden or obscured matters, limitations and boundaries, longevity, exorcisms, endings, homes and houses.

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## Section 5


colors and Their Associations

## The Pocket Spell Creator

## Black

Divination, banishing, absorption of negative energy, protection, binding, limitations, loss, confusion, defining boundaries.

## Blue

Truth, tranquility, protection, hope, honor, change, psychic abilities, sleep, dreams, peace, healing, fidelity, unity, astral projection, virgin goddesses, wisdom, knowledge.

## Brown

Stability, integrity, justice, sensuality, endurance, animals, concentration, grounding, earth, neutrality, strength, grace, decision-making, pets, family issues.

## Gold

The God, vitality, strength, success, action, courage, confidence, solar deities, summer, wealth, employment, masculinity, sun, power, daylight hours.

## Grey

Vision, neutrality, absorption negativity, anger, greed, envy.

## Green

Abundance, growth, healing, prosperity, fertility, employment, luck, jealousy, personal appearance, neutralizes difficult situations, calming, finances, security, career.

## Indigo

Insight, vision, change, flexibility, psychic abilities.

## Light blue

Calmness, tranquility, patience, understanding, good health.

## Magenta

Intuition, change, spiritual healing, vitality.

## Orange

Courage, pride, ambition, enthusiasm, energy, friendship, communication, success, opportunities, attraction, willpower, sun, adaptability, zest for life, imagination.

## Pink

Compassion, tenderness, harmony, affection, love, romance, spiritual healing, spring, household peace, honor, virtue, morality, success, contentment.

## The Pocket Spell Creator

## Purple

Growth, self-esteem, psychic ability, insight, inspiration, spirituality, success in business, power, mild banishings, ambition, inner strength, physical fitness.

## Red

Sexual love, lust, passion, fire, willpower, courage, energy, strength, anger, blood, life cycle, desire, war.

## Silver

The Goddess, spiritual truth, intuition, receptivity, psychic ability, stability, balance, moon, inner self, spells of femininity, moon power, night.

## Turquoise

Creativity, discipline, self-knowledge, honor, idealism.

## Violet

Success, intuition, self-improvement, spiritual awareness, deep sleep, healing.

## White

Cleansing, peace, protection, healing, truth, divination, tranquility, purification, childhood, innocence.

## Yellow

Joy, vitality, intelligence, study, persuasion, charm, creativity, communication, mind power, sun, psychic ability, attraction, examinations and tests.

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Section 6


Crystals and Stones and Their Associations

## The Pocket Spell Creator

Agate
Courage, strength, love, protection.

## Alexandrite

Luck, love, spiritual transformation, joy.
Amazonite
Success, joy, self-expression.

## Amethyst

Courage, psychic energy, dreams, healing addictions, peace, happiness, love.

## Aquamarine

Courage, purification, peace, psychic awareness, selfexpression.

## Aventurine

Money, luck, mental agility, visual acuity, peace, healing.

## Azurite

Psychic energy, dreams, divination, healing, concentration, transformation.

## Beryl

Energy, love, healing, psychic awareness, protection.

## Bloodstone

Courage, strength, victory, wealth, self-confidence, business and legal affairs.

## Calcite

Centering, grounding, purification, money, peace, calms fears.

## Carnelian

Courage, sexual energy, verbal skills, peace, stops jealousy, stops apathy, stops fear and rage.

## Celestite

Verbal skills, healing, compassion, calming, aids growth.

## Chrysocolla

Wisdom, peace, love, communication, vitality.

## Chrysoprase

Prosperity, luck, happiness, friendship, protection, healing.

## The Pocket Spell Creator

## Citrine

Psychic powers, protection, creativity, sexual energy, prevents nightmares.

## Clear quartz

Intensifies energy.

## Diamond

Courage, strength, healing, protection, spirituality, mental and sexual abilities.

## Emerald

Prosperity, mental and psychic abilities, dreams, meditation, visual acuity, love, peace, balance.

## Garnet

Strength, physical energy, healing, protection, purification, compassion.

## Geode

Fertility, childbirth, meditation, freedom of spirit, psychic ability, dreams, astral travel.

## Hematite

Grounding, calming, healing, divination, intuition, physical strength, aids restful sleep.

## Jade

Healing, protection, wisdom, prosperity, love, long life, fertility, courage, peace.

## Jasper

Healing, protection, health, beauty, energy.

## Kunzite

Creativity, communication, peace, balance, relaxation, grounding.

## Lapis Iazuli

Courage, joy, love, fidelity, psychic abilities, protection, healing, beauty, prosperity.

## Lepidolite

Peace, spirituality, physical strength, luck, protection, psychic ability, emotional balance, prevents nightmares.

## Malachite

Power, energy, protection, love, peace, success in business, vision quests, gardening.

## The Pocket Spell Creator

## Moldavite

Psychic abilities, mental and emotional balance.

## Moonstone

Grounding, love, divination, sleep, gardening, protection, youth, harmony, peace, travel.

## Obsidian

Grounding, divination, protection, prevents negativity.

## Onyx

Emotional balance, self-control, binding, protection, strength.

## Opal

Beauty, prosperity, luck, power, psychic abilities, visual acuity, emotional balance.

## Peridot

Protection, prosperity, sleep, health, emotional balance, intuition.

## Rhodochrosite

Energy, peace, calm, love, mental activity, emotional balance.

## Crystals and Stones and Their Associations

## Rhodonite

Peace, mental clarity, memory, confidence.

## Rose quartz

Love, peace, happiness, healing.

## Ruby

Prosperity, power, courage, integrity, joy, prevents nightmares.

## Sapphire

Psychic abilities, inspiration, love, meditation, peace, healing, power, prosperity, protection.

## Smokey quartz

Healing, directing and absorbing energy, altered states.

## Sodalite

Healing, meditation, wisdom, calm, grounding, stress reducer.

## Sunstone

Protection, energy, health, passion, sexuality.

## The Pocket Spell Creator

## Tiger's-eye

Courage, prosperity, protection, energy, luck, judgment, common sense, honesty, divination, eases depression.

## Topaz

Protection, healing, dieting, prosperity, love, emotional balance, tranquility, creativity.

## Tourmaline

Love, friendship, prosperity, business, peace, sleep, energy, courage, protection, inspiration.

## Turquoise

Courage, protection, prosperity, luck, friendship, healing, communication, happiness, emotional balance, astral travel.

## Zircon

Protection, beauty, love, peace, sexual energy, healing, mental alertness, emotional balance.

Section 7


Foods and Their Associations

## The Pocket Spell Creator

Almonds
Money, wisdom.
Apples
Attract love, heal, aid in divination.

## Avocados

Love, lust.

## Bananas

Fertility, potency, prosperity.

## Barley

Love, healing, protection.

## Beets

Love.

## Blackberries

Healing, prosperity, money.

## Carrots

Fertility, lust.
Cashews
Money.

Celery
Mental and psychic powers.
Corn
Protection, luck, divination.

## Cucumbers

Healing, fertility.

## Grapes

Fertility, mental powers.

## Leeks

Protection, love.

## Lemons

Purification, mental clarity.
Mustard
Mental powers, fertility.
Oranges
Prosperity, luck.

## Pineapples

Love, money.

## Pomegranates

Divination, wealth.

## Rice

Rain, fertility, money.

## Strawberries

Love, luck.

## Turnips

Protection, help end relationships.
Vanilla
Attracts men, promotes mental energy.

Section 8


Herbs and Plants and Their Associations

## The Pocket Spell Creator

## Acacia

Protection, psychic powers.
Alder
Divination and scrying, support, foundation, magickal beginnings, fire and water magick.

## Allspice

Money, luck, healing.

## Almond

Money, prosperity, wisdom.

## Amber

Stability, self-confidence, peace.
Ambergris
Awakens love and emotion.

## Angelica

Protection, healing, visions, removes hexes, cleansing, purification, exorcism.

## Anise

Protection, purification, youth.

Apple (wood)
Love, initiation, fertility, spiritual contact.

## Apple blossom

Love, friendship, celebrating life cycles, peace.
Aspen (wood)
Invoke magickal shields, protection, healing.

## Balm of Gilead

Love, manifestations, protection, emotional healing.

## Basil

Happiness, peace, money.

## Bay (wood)

Protection, healing, divination.

## Bayberry

Money, good luck, peace, harmony, well-being.

## Bay Leaves

Psychic awareness, purification.

## Beech (wood)

Knowledge.

## The Pocket Spell Creator

## Benzoin

Purification, prosperity, magickal energy, conscious mind.

## Bergamot

Money, peace, happiness, restful sleep, breaks hexes.

## Bergamot mint

Physical energy, prosperity.
Birch (wood)
Fertility, purification, banishment of negativity.

## Black pepper

Mental alertness, physical energy, protection, courage.
Blackthorn (wood)
Protection.

## Blessed thistle

Purification, protection, breaks hexes.

## Bluebell

Constancy, strength, luck, truth.

## Bramble (wood)

Healing.

## Buckeye

Attracts money, stops aches and pains.

## Buckthorn (wood)

Healing.

## Burdock

Protection, healing, happy home.

## Buttercup

Prosperity, happiness.

## Calendula

Health, psychic dreams, comfort.

## Camellia

Gratitude, prosperity.

## Camphor

Awakens memories, psychic awareness, purification, physical energy, celibacy.

## The Pocket Spell Creator

## Caraway

Conscious mind, physical energy, love.

## Cardamom

Love, sex.

## Carnation

Protection, strength, healing, vitality, physical energy, love, health, magickal energy.

## Catnip

Psychic bond with cats, attracts good spirits, love, luck, peace, beauty.

## Cedar

Healing, courage, purification, protection, money, hex-breaking, spirituality, self-control.

Celery seeds
Lust, mental and psychic powers, sleep.

## Cereus

Psychic awareness.

## Chamomile

Sleep, meditation, money, peace.

## Cherry

Divination, love.

## Cinnamon

Lust, love, success, power, psychic awareness, physical energy, prosperity.

## Clove

Money, lust, love, exorcism, protection, courage, healing, memory.

## Clover

Protection, money, love, fidelity, success, exorcism.

## Coffee

Conscious mind.

## Coltsfoot

Peace, tranquility, visions, animal spells.

## Columbine

Courage, willpower.

## The Pocket Spell Creator

## Comfrey

Safe travel, money.

## Copal

Purification.

## Coriander

Memory, love, healing.

## Costmary

Conscious mind, stilling emotions, purification.

## Cowslip

Attracts spring faeries, wealth, health, keeps others away (when you want to be alone-not for banishing).

## Crocus

Attracts love.
Cumin
Protection.

## Cyclamen

Love and truth.

## Cypress

Comfort, solace, eases feelings of loss, healing.

## Daffodil

Honors Gods and Goddesses of spring, fertility, wishing, love.

## Daisy

Attracts love and lust.

## Damiana

Lust, love.

## Dandelion

Divination, calling spirits, favorable winds.

## Deer's-tongue

Psychic awareness.

## Dill

Money, love, lust, protection, conscious mind, purification.

## Dragon's blood

Power amplifier, protection, love, banishing, potency.

## The Pocket Spell Creator

## Elder (wood)

Faerie contact, healing, summoning spirits.

## Elderberry

Prosperity, protection, sleep, banishing of negative entities.

Elm (wood)
Rites of the Goddess, feminine magick.

## Eucalyptus

Healing, protection, purification.

## Fennel

Longevity, courage, purification.

## Fenugreek

Money, mental powers.

## Frankincense

Spirituality, protection, banishing of negative entities, consecration, meditation.

## Freesia

Love, peace.

## Galangal

Magickal energy, protection.

## Gardenia

Love, peace, healing, enhances spiritual connections.

## Garlic

Protection, purification, health, physical energy, conscious mind.

## Geranium

Fertility, health, protection, love, happiness.

## Ginger

Success, power, money, love, magickal energy, physical energy, sex, courage.

## Ginseng

Love, lust, vitality, wishes, healing, beauty, protection, luck.

## Gota kola

Meditation.

## Hawthorn

Attracts faeries, protection, invoke a psychic shield.

## The Pocket Spell Creator

## Heliotrope

Money, gain power.

## Hemlock

Astral projection.

## Hibiscus

Love, lust, divination.

## Holly

Rites of male magick, warrior magick, protection from negative forces.

## Honeysuckle

Money, psychic awareness, memory, healing, honesty and mental powers, weight loss, prosperity.

## Hops

Healing, sleep.

## Horehound

Protection, healing, mental powers, banishing of negative entities.

## Hyacinth

Love, protection, happiness, overcoming grief, peaceful sleep.

## Hyssop

Purification, protection, prosperity, conscious mind.

## Iris

Love, psychic awareness.

## lrish moss

Money, luck, safe travel.

## lvy

Binding magick, protection from psychic attack.

## Jasmine

Love, money, sleep, dreams, peace, spirituality, sex.

## John the conqueror

Money, love, happiness, hex-breaking, protection.

## Juniper

Protection, love, health, banishing of negative entities, exorcism, purification.

## Lavender

Happiness, healing, peace, sleep, purification, love, celibacy, conscious mind.

## The Pocket Spell Creator

## Lemon

Health, healing, physical energy, purification.
Lemon balm
Peace, money, purification.

## Lemon grass

Psychic awareness, purification.
Lemon verbena
Love, purification.

## Lilac

Protection, beauty, love, helps reveal past lives, purification.

## Lily

Protection, purity, breaking love spells, peace, eases pain of ended relationships.

## Lily of the valley

Happiness, mental powers, conscious mind, peace, memory.

## Lime

Purification, physical energy, protection.

## Linden (wood)

Feminine power, rites of the Goddess.

## Lotus

Spirituality, love, protection.

## Mace

Psychic awareness.

## Magnolia

Peace, nature spells, love.
Mandrake
Protection, fertility, love, money.
Maple (wood)
Rituals of celebration.

## Marigold

Protection, dreams, psychic powers, business.
Marjoram
Peace, celibacy, sleep.

## Meadowsweet

Peace, love.

## The Pocket Spell Creator

## Melon

Healing, health.
Mimosa
Psychic dreams, love.

## Mistletoe

Protection, love, fertility, health, exorcism, luck, healing, good fortune.

## Mugwort

Divination, clairvoyance, psychic powers, dreams, protection, strength, astral projection.

## Mullein

Courage, love, divination, protection.

## Musk

Courage, fertility, lust.

## Mustard

Fertility, money, protection, mental acuity.

## Myrrh

Spirituality, healing, protection, exorcism, transformation, consecration, meditation.

## Narcissus

Peace, harmony, love.
Nasturtium
Physical energy, protection.
Neroli
Purification, joy, sex.

## Nettle

Protection, healing, lust, banishing negative entities.

## Niaouli

Protection, healing.

## Nutmeg

Fidelity, luck, money, love, physical energy, magickal energy, psychic awareness.

Oak (wood)
Protection, midsummer, divination, spiritual contact.

## Oakmoss

Money.

## The Pocket Spell Creator

## Onion

Courage, protection.
Orange
Divination, love, luck, money, joy, purification, physical energy, magickal energy.

Orange blossom
Beauty, love, marriage.
Orris
Long-lasting love, divination, protection.

## Palmarosa

Love, healing.

## Parsley

Purification, protection, lust, fertility.

## Passionflower

Peace, friendship, popularity, sleep.

## Patchouli

Fertility, lust, money, protection, divination, sex, physical energy.

## Pennyroyal

Protection, peace, strength, anti-seasickness, physical energy, conscious mind.

## Peppermint

Love, psychic awareness, lust, mental stimulant, energy, purification.

## Periwinkle

Love, lust, money, protection.

## Petitgrain

Conscious mind, protection.

## Pine

Healing, protection, fertility, money, banishing negative entities, knowledge, fire magick, illumination, purification, physical energy, magickal energy.

## Plumeria

Love, peace.

## Poplar (wood)

Divination.

## The Pocket Spell Creator

## Poppy

Fertility, love, money, luck, sleep.

## Primrose

Love, protection, attracts highly sexual love, attracts spring faeries.

## Raspberry

Love, home protection, alleviates labor pains.

## Rhododendron

Peace, strength.

## Rose

Love, beauty, luck, psychic powers, protection, peace, sex.

## Rose geranium

Protection, fertility, love, health.

## Rosemary

Mental powers, youth, protection, love, lust, purification, sleep, exorcism, longevity, conscious mind, memory, love.

## Rowan (wood)

Protection, divination.

## Rue

Healing, mental powers, protection, love, calms emotions.

## Saffron

Conscious mind, physical energy, magickal energy, money.

## Sage

Wisdom, prosperity, healing, longevity, money, memory, conscious mind.

## Sandalwood

Spirituality, protection, wishes, healing, exorcism, meditation, sex.

## Sassafras

Health, money.

## Slippery elm

Stops gossip, aids verbal development.

## The Pocket Spell Creator

## Snapdragon

Protection, friendship.

## Spearmint

Healing, love, mental powers, protection during sleep.

## Spider lily

Love, peace.

## Spikenard

Good luck, fidelity, health.

## Star anise

Psychic and spiritual powers, luck.

## Stephanotis

Love, peace.

## Strawberry

Love, luck, beauty.

## Sunflower

Wisdom, health, fertility, wish realization.

## Sweet pea

Friendship, courage, strength, happiness.

## Tangerine

Psychic and mental powers.

## Tea tree

Healing, antifungal.

## Thyme

Courage, conscious mind, health.

## Tonka bean

Love, money, courage, wishes.

## Tuberose

Peace, love.

## Tulip

Love, happiness, dreams, purification.

## Valerian

Love, sleep, purification, protection, peace.

## Vanilla

Mental powers, love, lust, sex, physical and magickal energy.

## The Pocket Spell Creator

## Vervain

Love, protection, purification, peace, money, youth, healing.

## Vetivert

Love, luck, money, protection against theft.

## Violet

Spiritual protection, luck, love, lust, wishes, peace, sleep, healing.

## Water lily

Peace, happiness, love.
Whitebeam (wood)
Earth magick.

## Willow

Love, divination, protection, healing, rebirth, purification, feminine magick.

## Witch hazel

Protection, chastity, healing a broken heart.

## Wood aloe

Spirituality, meditation, love.

## Woodruff

Success, purification.

## Wormwood

Psychic powers, protection, safe car travel, love, calling spirits.

## Yarrow

Courage, protection, love, psychic powers.

## Yerba santa

Beauty, healing, psychic powers, protection.
Yew (wood)
Initiation, funeral rites.
Ylang-ylang
Love, lust, peace, sex.
Zinnia
Love, lust, strength.

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Section 9

oils and Their Associations

## The Pocket Spell Creator

## Basil

Money, harmony, promotes sympathy, happiness, peace.

## Benison

Increases power, awakens the conscious mind, peace.

## Bergamot

Money, protection.

## Black pepper

Protection, courage, banishing, spices up romance.
Camphor
Purification, healing, chastity.

## Cardamom

Love, lust, sexual energy.

## Cedar

Balance, spirituality, courage, dreams.

## Chamomile

Mediation, peace, dreams.
Cinnamon
Money, psychic awareness, lust, purification.

## Clove

Courage, protection, sexual attractiveness, lust, adds spice to any situation.

## Coriander

Love, health, healing.

## Cypress

Consecration, protection, healing, longevity.

## Eucalyptus

Health, healing, purification.

## Ginger

Sexuality, love, courage, money, prosperity.

## Grapefruit

Purification, banishes a sour disposition.

## Jasmine

Love, psychic awareness, dreams, peace, sex.

## Juniper

Protection, meditation, purification, healing, and communication.

## The Pocket Spell Creator

## Lavender

Health, peace, relaxation, sleep, purification, love.

## Lemon

Energy, mental clarity, cleansing.

## Lemon grass

Psychic awareness, purification, lust.
Lemon verbena
Love, purification.

## Lime

Purification, cleansing, protection, fertility, love.

## Magnolia

Meditation, psychic awareness, love, fidelity.

## Myrrh

Spirituality, meditation, healing, blessing.

## Neroli

Happiness, protection, purification.

## Oakmoss

Money, prosperity, fertility.

## Orange

Purification, heightened awareness, luck.

## Palmarosa

Love, healing, protection.

## Patchouli

Money, physical energy, attraction, protection, sex.

## Peppermint

Purification, mental energy, psychic powers.

## Pine

Purification, money, healing, cleansing.

## Rose

Love, peace, sexual desire, beauty, maternal love.

## Rosemary

Love, healing, energy, breaks hexes.

## Sandalwood

Spirituality, meditation, sex, healing, psychic awareness.

## Sweet pea

New friends, love, happiness.

## The Pocket Spell Creator

## Tangerine

Strength, power, vitality.

## Tuberose

Calm, peace, love, happiness, psychic powers.
Vetivert
Money, prosperity, attractiveness, breaks hexes.
Yarrow
Courage, love, psychic awareness, banishes negative entities.

## Ylang-ylang

Love, peace, sex, healing.

Section 10


Types of Spells

## The Pocket Spell Creator

## Candle spells

## A colored candle

A pointed crystal
Oil
Mortar and pestle (optional to grind herbs)
Candle holder
Use crystal to carve desire on candle.
Rub oil on candle. Rub towards yourself from wick to end to bring something to you. Rub away from you end to wick to push something away.

Incense spells
Incense
Incense burner
Matches or lighter
Charcoal

## Potion spells

Boil herbs in water for 10 minutes while covered. Strain herbs out of water and use potion as intended.

Do not take anything internally that may be harmful!

## Powder spells

Mix herbs and grind into powder.
Powder can be blown, buried, sprinkled, or used in other ways as needed.

## Flower spells

Dry flowers.
Grind.
Use as needed, whether as an incense ingredient, to burn alone, add to a bath, boil for the scent, or for use in an Air/wind spell where the ground flowers are thrown into a breeze. Use dried flowers that correspond with your needs.

## Bath spells

Bath salts
Accompany with corresponding colored candle and incense (see Sections 5 and 12).

## Full Moon water

Place a glass jar of water under the Full Moon. Ask your Goddess to bless the water with her light and love.

Use whenever your spells call for water.

Replenish your supply each month and pour the leftover water from the previous month into your garden, plants, or lawn-never down the drain!

Section 11


Ethics and Procedures

## The Pocket Spell Creator

## Spell and Ritual Ethics

1. Always follow the "harm none" rule.
2. Always observe and remember the rule of three.
3. Reinforce all spells with your daily actions.
4. Always make sure you realize exactly what it is you want and state your wishes descriptively and accurately.
5. Do not cast spells on other people, especially when they don't know about it!
6. Help others in their spiritual journeys.

## Spell and Ritual Procedures

1. Clean and prepare the area you will be using to cast your spell or perform your ritual.
2. Prepare yourself—mentally, physically, emotionally, and spiritually.
3. Set up your altar with the needed items.
4. Cast your circle.
5. Invoke the elements.
6. Invoke any deities you are going to work with.
7. Perform the spell or ritual.
8. Thank the deities.
9. Dismiss the elements.
10. Open the circle.

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Section 12

oil, Incense, and Bath Salts Recipes

## The Pocket Spell Creator

Most of these recipes can be converted between oils, incense, and bath salts. Just pick the form you are most comfortable using and mix it accordingly. Of course, the herbs and/or plants must be available in oil form to combine them for oils or bath salts. Drops of oil can be converted to parts for dry materials.

## OILS

## Business Success Oil i

2 drops benison
2 drops lemon
2 drops magnolia
2 drops patchouli

## Business Success Oil 2

2 drops John the conqueror
2 drops clover
2 drops balm of Gilead
2 drops bergamot

## Business Success Oil 3

2 drops tangerine
3 drops vetivert

## Oil. Incense, and Bath Salts Recipes

5 drops yarrow
3 drops patchouli

## Business Success Oil 4

4 drops sweet pea
5 drops ginger
2 drops sage
2 drops basil
2 drops bergamot

## Business Success Oil 5

3 drops cypress
4 drops cedar
4 drops sweet pea
2 drops cinnamon

## Business Success Oil 6

6 drops cinnamon
5 drops cypress
4 drops ginger
3 drops sweet pea
2 drops sage

## The Pocket Spell Creator

Business Success Oil 74 drops chamomile3 drops cedar2 drops basil
Business Success Oil 86 drops vetivert4 drops cypress3 drops ginger
Business Success Oil 9
6 drops lemon4 drops sage3 drops ginger
Business Success Oil io
2 drops juniper2 drops cedar2 drops ginger2 drops basil2 drops cypress2 drops lemon2 drops sage

## Love $\mathrm{Oil}_{\mathrm{I}}$

2 drops bergamot
2 drops damian
2 drops jasmine
2 drops rose
Love Oil 2
2 drops cinnamon
2 drops clove
2 drops rosemary
Love Oil 3
2 drops camphor
2 drops damian
2 drops sweet pea
Love Oil 4
2 drops bay
2 drops jasmine

## Love Oil 5

2 drops jasmine
2 drops rosemary
2 drops sweet pea

## The Pocket Spell Creator

## Love Oil 6 (for men's use)

1/2 cup apricot
3 drops cinnamon
4 drops patchouli
2 drops rosemary
4 drops sandalwood
Love Oil 7
4 drops cinnamon
1 drop patchouli
3 drops rose
4 drops sandalwood
Love Oil 8
10 drops jasmine
5 drops lilac
5 drops lotus
2 drops rose
4 drops violet

## Love Oil 9

7 drops carnation
5 drops geranium

## Oil. Incense, and Bath Salts Recipes

2 drops jasmine
1 drop lilac
1 drop orange
2 drops rose
2 drops violet

## Love Oil io

5 drops carnation
5 drops hibiscus
10 drops honeysuckle
8 drops poppy
10 drops rose
Love Oil in
10 drops carnation
5 drops citronella
10 drops geranium
5 drops orange
Love Oil 12
5 drops jasmine
3 drops lavender
2 drops rose

## The Pocket Spell Creator

Money Oil i
8 drops dill
13 drops bergamot
21 drops nutmeg
9 drops tonka6 drops clove
Money Oil 2
20 drops chamomile
20 drops cedar
20 drops patchouli
13 drops clove
Money $\mathrm{Oil}_{3}$
21 drops patchouli
14 drops chamomile
7 drops cinnamon
7 drops cedar
Money Oil 4
3 drops basil
3 drops bergamot
3 drops cinnamon

## Oil. Incense, and Bath Salts Recipes

## Money Oil 5

4 drops oakmoss
5 drops vetivert
3 drops basil

## Money Oil 6

5 drops patchouli
7 drops ginger
2 drops basil
5 drops bergamot
3 drops cinnamon

## Money Oil 7

7 drops ginger
7 drops cinnamon
2 drops basil
2 drops bergamot

## Money Oil 8

3 drops oakmoss
3 drops basil
3 drops bergamot
3 drops sage

## Money Oil 9

5 drops sage
5 drops vetivert
3 drops ginger
Money Oil io
5 drops patchouli
3 drops basil
2 drops sage
2 drops vetivert
Money Oil ir
2 drops sage
2 drops basil
2 drops bergamot
Money Oil 12
3 drops basil
3 drops bergamot
3 drops cinnamon
3 drops oakmoss
3 drops patchouli

## Oil. Incense, and Bath Salts Recipes

3 drops vetivert
3 drops sage
Muscle Relaxer Oil
2 drops cedar
2 drops cypress
2 drops lavender
1 drop lemon grass

## Protection Oil I

1/8 cup jojoba or almond
5 drops black pepper
4 drops petitgrain
1 drop clove

## Protection Oil 2

2 drops bergamot
2 drops black pepper
2 drops clove

## Protection Oil 3

2 drops cypress
2 drops geranium
2 drops juniper

## The Pocket Spell Creator

## Protection Oil 4

3 drops palmarosa
4 drops patchouli
2 drops geranium

## Protection Oil 5

4 drops patchouli
2 drops palmarosa
3 drops geranium

## Protection Oil 6

3 drops black pepper
4 drops patchouli
3 drops bergamot

## Protection Oil 7

3 drops cypress
3 drops juniper
3 drops neroli

## Protection Oil 8

2 drops palmarosa
5 drops juniper
1 drop geranium

## Oil. Incense, and Bath Salts Recipes

## Purification Oil ${ }^{\text {I }}$

1 drop geranium
1 drop frankincense
1 drop rosemary

## Purification Oil 2

2 drops camphor
2 drops cinnamon
2 drops eucalyptus

## Purification Oil 3

3 drops grapefruit
4 drops juniper
3 drops lavender

## Purification Oil 4

3 drops lavender
2 drops lemon grass
2 drops lemon verbena

## Purification Oil 5

3 drops neroli
2 drops orange
2 drops peppermint

## The Pocket Spell Creator

## Purification Oil 6

3 drops pine
4 drops lavender
2 drops lemon grass

## Purification Oil 7

3 drops grapefruit
3 drops lemon grass
3 drops orange
Purification Oil 8
2 drops peppermint
2 drops lemon verbena
2 drops camphor
Purification Oil 9
2 drops peppermint
2 drops eucalyptus
1 drop camphor
4 drops cinnamon

## Purification Oil ıо

1 drop camphor
1 drop cinnamon

## Oil. Incense, and Bath Salts Recipes

1 drop eucalyptus
1 drop lavender
1 drop lemon grass
1 drop lemon verbena
1 drop lime
1 drop neroli
1 drop orange
1 drop peppermint
1 drop pine

## Truth Oil

2 drops patchouli
2 drops honeysuckle
1 drop sage
1 drop balm of Gilead

## INCENSE

## Beauty Incense

1 cup catnip
3 cups rose

## The Pocket Spell Creator

## Celibacy Incense

## 3 cups camphor

2 cups marjoram
1 cup lavender

## Circle Invocation Incense

3 cups frankincense
2 cups myrrh
1 cup cinnamon
1 cup mint
1 cup rosemary
1 cup sandalwood
Courage Incense I
1 cup thyme
1 cup yarrow
1 cup clove
1 cup fennel
Courage Incense 2
2 cups black pepper
1 cup ginger

## 1 cup onion

3 cups sweet pea
Dream Incense I
2 cups calendula
2 cups jasmine
1 cup mimosa
Dream Incense 2
3 cups mimosa
3 cups jasmine
1 cup mugwort
Fire Incense
2 cups oak sawdust
3 cups frankincense
1 cup crushed juniper berries
4 drops orange oil
1 cup rosemary

## Happiness Incense I

1 cup apple blossom
1 cup sweet pea
1 cup water lily

## The Pocket Spell Creator

Happiness Incense 2
1 cup neroli
2 cups orange
3 cups apple blossom
Happiness Incense 3
1 cup basil
1 cup bergamot1 cup neroli
Happiness Incense 4
3 cups apple blossom
2 cups orange
1 cup water lily
2 cups sweet pea
Healing Incense I
1 cup clove
2 cups cypress
2 cups hops2 cups pine

## Healing Incense 2

3 cups eucalyptus
1 cup sandalwood
2 cups spearmint
1 cup coriander

## Healing Incense 3

3 cups myrrh
2 cups spearmint
1 cup clove
2 cups cypress

## Healing Incense 4

3 cups carnation
2 cups pine
4 cups garlic

## Healing Incense 5

3 cups lemon
3 cups lavender
3 cups garlic

## The Pocket Spell Creator

Healing Incense 63 cups garlic
3 cups clove
4 cups cypress
2 cups lavender
1 cup carnation
1 cup spearmint
Healing Incense 7
4 cups eucalyptus
3 cups garlic
3 cups lemon
2 cups lavender
Healing Incense 8
3 cups thyme
3 cups rue
1 cup carnation
2 cups lemon
Love Incense I
1 cup thyme
1 cup rose petals
3 cups lavender flowers
Love Incense 2
2 cups apple blossom
2 cups carnation
2 cups freesia
2 cups iris
Love Incense 3
2 cups yarrow
2 cups water lily
3 cups vanilla
Love Incense 4
3 cups lavender
2 cups jasmine
1 cup hyacinth
3 cups gardenia
Love Incense 5
3 cups iris
2 cups lemon verbena
4 cups lilac
3 cups vanilla

## The Pocket Spell Creator

Love Incense 6
2 cups cardamom
2 cups coriander
2 cups freesia
2 cups ginger
Love Incense 7
2 cups hyacinth
2 cups jasmine
2 cups lemon verbena
2 cups meadowsweet
Love Incense 8
2 cups narcissus
3 cups plumeria
4 cups rosemary
2 cups iris
Love Incense 9
5 cups vanilla
3 cups tuberose
4 cups ylang-ylang
3 cups lilac

## Love Incense io

1 cup apple blossom
1 cup rosemary
3 cups lavender
2 cups lilac
Magickal Energy Incense I
2 cups bay
3 cups carnation
2 cups ginger
3 cups nutmeg
Magickal Energy Incense 2
4 cups vanilla
3 cups ginger
3 cups nutmeg
Magickal Energy Incense 3
3 cups orange
3 cups bay
3 cups pine

## The Pocket Spell Creator

Magickal Energy Incense 4
4 cups carnation
3 cups pine
2 cups orange
Meditation Incense I
2 cups frankincense
2 cups rosemary
2 cups sage
2 cups cinnamon
2 cups sandalwood
Meditation Incense 2
2 cups chamomile
3 cups frankincense
2 cups sandalwood
Meditation Incense 3
3 cups myrrh
3 cups frankincense
2 cups chamomile

## Memory Incense I

## 1 cup clove

## 3 cups sage

2 cups coriander
Memory Incense 2
3 cups rosemary
3 cups lily of the valley
1 cup sage

## Peace Incense I

2 cups apple blossom
2 cups bergamot
2 cups chamomile
2 cups catnip

## Peace Incense 2

3 cups freesia
4 cups gardenia
2 cups white ginger
3 cups jasmine

## The Pocket Spell Creator

## Peace Incense 3

3 cups jasmine
3 cups lavender
3 cups lily
3 cups lily of the valley

## Peace Incense 4

4 cups rose
2 cups ylang-ylang
3 cups lavender
3 cups freesia

## Peace Incense 5

5 cups apple blossom
2 cups water lily
3 cups lavender
2 cups jasmine

## Peace Incense 6

3 cups marjoram
4 cups lemon balm
3 cups chamomile
4 cups bergamot

## Oil. Incense, and Bath Salts Recipes

## Peace Incense 7

4 cups catnip
4 cups lemon balm
4 cups lily of the valley
3 cups freesia

## Perfect Mate Incense

3 cups sandalwood
2 cups patchouli
1 cup orrisroot
1 cup dragon's blood
1 cup lemon grass

## Physical Energy Incense I

2 cups bay
2 cups black pepper
3 cups camphor
3 cups caraway

## Physical Energy Incense 2

5 cups carnation
4 cups cinnamon
3 cups patchouli
4 cups saffron

## The Pocket Spell Creator

## Physical Energy Incense 3

2 cups nutmeg
2 cups black pepper
2 cups garlic
2 cups cinnamon
Physical Energy Incense 4
3 cups vanilla
2 cups orange
3 cups lime
Physical Energy Incense 5
5 cups pennyroyal
4 cups pine
3 cups saffron
2 cups bay
Physical Energy Incense 6
2 cups bay
2 cups patchouli
4 cups ginger
3 cups caraway

## Oil. Incense, and Bath Salts Recipes

## Physical Energy Incense 7

## 4 cups black pepper

3 cups camphor
3 cups ginger
2 cups carnation

## Prosperity Incense

3 cups bergamot
4 cups cinnamon
4 cups honeysuckle

## Protection Incense I

## 3 cups basil

3 cups vetivert
3 cups black pepper
3 cups pine

## Protection Incense 2

2 cups clove
3 cups pennyroyal
3 cups cumin
3 cups peppermint

## The Pocket Spell Creator

Protection Incense 32 cups garlic
2 cups cumin
3 cups parsley
2 cups clove
Protection Incense 4
3 cups onion
3 cups cumin
2 cups garlic
1 cup parsley
Psychic Awareness Incense I
1 cup bay
1 cup celery
1 cup cereus
Psychic Awareness Incense 2
2 cups cinnamon
2 cups iris
3 cups lemon grass
4 cups mace

## Psychic Awareness Incense 3

## 1 cup yarrow

## 1 cup anise

1 cup nutmeg
1 cup mugwort

## Psychic Awareness Incense 4

2 cups celery
3 cups cinnamon
3 cups lemon grass
2 cups nutmeg

## Purification Incense I

4 cups bay
3 cups camphor
2 cups dill
3 cups eucalyptus

## Purification Incense 2

3 cups garlic
4 cups dill
2 cups lilac
2 cups hyssop

## The Pocket Spell Creator

Purification Incense 3
3 cups hyssop
1 cup eucalyptus
3 cups juniper
1 cup lemon verbena
Purification Incense 4
1 cup orange
1 cup pine
2 cups lime
3 cups neroli
Purification Incense 5
1 cup lemon
1 cup lemon grass
1 cup lemon verbena
1 cup lemon balm
1 cup lime
Purification Incense 6
1 cup tulip
1 cup bay
1 cup dill
3 cups garlic114
Purification Incense 7
4 cups dill
1 cup lemon verbena
2 cups garlic
2 cups ginger
Purification Incense 8
3 cups juniper
2 cups lilac
4 cups lime
Sex Incense I
1 cup ginger
2 cups vanilla
1 cup jasmine
Sex Incense 2
1 cup jasmine
2 cups vanilla
1 cup sandalwood
Sex Incense 3
2 cups rose
1 cup vanilla
1 cup ylang-ylang

## The Pocket Spell Creator

## Sex Incense 4

2 cups patchouli
1 cup ginger
2 cups vanilla

## Sleep Incense I

1 cup bergamot
1 cup chamomile
1 cup celery
Sleep Incense 2
2 cups hops
2 cups marjoram
2 cups hyacinth
Sleep Incense 3
2 cups bergamot
4 cups lavender
3 cups jasmine

## Sleep Incense 4

2 cups chamomile
2 cups hyacinth
4 cups lavender

## BATH SALTS

Venus Bath Salts (love spell)
1 cup salt
4 drops rose
4 drops musk
8 drops jasmine
4 drops lavender

## Fantasy Bath Salts (love spell)

1 cup salt
8 drops honeysuckle
8 drops rose
4 drops patchouli
Circle of Flame Bath Salts (love spell)
1 cup salt
4 drops musk
8 drops violet
4 drops rose

## High Priestess Bath Salts

1 cup salt
8 drops wisteria

## The Pocket Spell Creator

8 drops lavender
4 drops rose

## Spirit Blessings Bath Salts

1 cup salt
8 drops violet
4 drops ylang-ylang
8 drops wisteria
4 drops sandalwood

## Prosperity Bath Salts i

1 cup salt
8 drops lotus
2 drops cinnamon
8 drops sandalwood
3 drops myrrh
2 drops allspice

## Prosperity Bath Salts 2

1 cup salt
8 drops myrrh
3 drops cinnamon
8 drops sandalwood
3 drops allspice
Fire Lust Bath Salts
1 cup epsom salt
$1 / 2$ cup sea salt
$1 / 2$ cup baking soda
14 drops orange
14 drops lime
10 drops rosemary
5 drops cinnamon
Aphrodite's Bath Salts
1 cup epsom salt
$1 / 2$ cup sea salt
$1 / 2$ cup baking soda
4 drops lavender6 drops violet7 drops jasmine
Moon magick Bath Salts
1 cup salt
8 drops sandalwood$1 / 8$ tsp. orrisroot
8 drops lotus

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## Section 13



Incantations

## The Pocket Spell Creator

## Air/Wind Spell I

With this intent the magick I dare
To send out the element of air.
The magick I cast this spell I'll see,
This is my will, so mote it be.

## Air/Wind Spell 2

With this intent I call to Air
To cast my spell to the winds so fair,
And bring my heart's desire to me.
This is my will, so mote it be.

## Beauty I

Oh Goddess,
Help me to see
The beauty that resides within me.
Bring this beauty out of its shell,
To the surface where it may dwell.
This is my wish, so mote it be.

## Beauty 2

Moon above,
Full and bright,
Enhance my beauty
With all your might.
Grant me this blessing,
I ask of you.
This is my wish
For beauty true.

## Beauty 3 (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of beauty is what I ask,
Please accept this as your task.
This is my will, so mote it be.

## Beauty 4

Beauty seen,
Pure and true,

## Is the gift

I ask from you.

## The Pocket Spell Creator

## Beauty 5

Grant me beauty,
Grant me grace,
Grant me this wish
For a beautiful face
For others to see
As I do too.
Grant me this wish
For beauty true.

## Business Success I

Oh Goddess,
Help me to see
The path to take
For a future bright.
Grant me this with your guiding light.

## Business Success 2

Moon above,
Full and bright,
Show me the way
With your guiding light

To make my future
Plans come true.
Grant me this blessing,
I ask of you.

## Business Success 3

Water, fire, earth, and air,
My success is in your care.
Show me guidance
To choose my path.
Decisions I make
Must be right.
Help me with your loving light.

## Business Success 4

My need is great,
My heart is true,
My future success
I ask from you.
Fulfill this wish sent to thee,
Work this magick just for me.

## The Pocket Spell Creator

## Business Success 5 (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
Business success is what I ask,
Please accept this as your task.
This is my will,
So mote it be.
Celibacy (for virgins)
Oh Goddess,
Grant me the strength
To keep my body
And virginity safe
And not give in to
Temptations path.

## Courage I

Oh Goddess,
Help me to be
Courageous and brave
In my time of need.

This is my wish,
So mote it be.

## Courage 2

With the intent to make me brave
I ask for the courage that I do crave.
Give me the will, strength, and power
To face my fears in my darkest hour.
Courage 3
Oh Goddess,
Help me to see
The courage that resides within me.
Bring this trait out of its shell,
To the surface where it may dwell.

## Courage 4

Moon above,
Full and bright,
Show me the way
With your guiding light.
Give me courage,
Make me brave and true.

## The Pocket Spell Creator

This is the blessing
I ask from you.
Courage 5
Give me strength, Oh Goddess strong, To help me detect
Right from wrong.
Give me the courage,
Oh moon of bright,
To face the challenges
That I must fight.
Dreams I
Oh Goddess,
Help me to see
The deep, true
Meaning of my dreams.
Dreams 2
Moon above,
Full and bright,

Give me the gift
Of dream insight.
Dreams 3 (for use with oil)
Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
Clarity of my dreams is what I ask, Please accept this as your task.

## Dreams 4

Insight, clearness and clarity,
Grant these gifts of three to me.
To interpret my dreams and
Find what they mean,
To know what my dreams
Are telling me.

## Dreams 5

Visions are gifts from the Goddess above, To help us learn to deal with love, With what affects us day by day,

## The Pocket Spell Creator

And choose the path for which we were made.
Grant me the gift of sight to see
What my dreams aren't meant to be.

## Earth Spell

Into this soil through my hand, My intent I do command.
Make it last,
Make it strong,
From earth to me where it belongs.

## Fire Spell

Element of fire burning bright,
I call you here with me tonight.
Fulfill this desire sent to thee, Work this magick just for me.

## Happiness I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of happiness is what I ask, Please accept this as your task.

## Happiness 2

Moon above,
Full and bright,
Grant me happiness
This magickal night.

## Happiness 3

Pleasure, joy, delight, and bliss,
Oh dear Goddess, grant me this.

## Happiness 4

Oh my Goddess,
Blessed be.
Happiness and ecstasy,
Are the gifts I ask from thee.

## Happiness 5

Grant me contentment,
Happiness, and peace
To serve my days with
Beauty and grace.
With love from above,
And all around,

## The Pocket Spell Creator

My heart overflows with
The joy I have found.

## Healing I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of healing is what I ask,
Please accept this as your task.

## Healing 2

Moon above,
Full and bright,
Grant me good health
This magickal night.

## Healing 3

Oh Goddess,
Instill these herbs
With your healing grace,
To relieve my illness
And infuse my faith.

## Healing 4

Heal what ails me,
Cure my illness.
Make my body and
Soul whole and one again.
Return my strength,
Build my immunity.
Make my body and
Soul whole and one again.

## Healing 5

Oh Goddess grant me this.
Sickness will end and
Health return.
Heal me now,
Illness is gone,
My suffering is eased.
Let my sickness
Now be purged.

## Love I

The love I want,
The love I need,

## The Pocket Spell Creator

Let it be returned to me.
This is my wish
So mote it be.
Love 2
Moon above,
Full and bright,
Find my love
This (spring, summer, autumn, winter) night.
Send my love,
True and dear,
And bring my
Match closer near.
Love 3
Oh Goddess,
Bring unto me
A love so simple,
Easy, and free.
A love that is ready, true, and right,
For this I wish with all my might.
So mote it be.

## Love 4

Water, fire, earth, and air,
My heart is in need of loving care.
Find my soul mate,

## Caring and true,

A perfect match of love from you.
This is my wish,
So mote it be.
Love 5
Moon above,
Full and bright,
Grant me love
This magickal night.
Magickal Energy I (for use with oil)
Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of magickal energy is what I ask, Please accept this as your task.

## The Pocket Spell Creator

Magickal Energy 2
Moon above,
Full and bright,
Grant me energy
This magickal night.
Magickal Energy 3
Grant me the power
To cast my spells
And make my desires
Come true.
Grant me the knowledge
To cast my spells
With true intent.
Grant me the strength
To use my power
And knowledge,
And walk only
In the white light.
Magickal Energy 4
Fingers to the heavens
I stretch out,

And ask the Goddess to fill me
With her loving light.
Give me strength,
Give me power,
Give me energy.
Of this I ask thee, Goddess,
So mote it be.

## Magickal Energy 5

Charge me, oh Goddess,
With the energy I
Need to work my
Spells so magickally.
(repeat three times)
This is my will,
So mote it be.

## Meditation I

Oh Goddess,
Grant me peace and tranquility
To meditate safely
And grow in my spirituality.

## The Pocket Spell Creator

Meditation 2
One with peace,
One with tranquility,
One with nature.
Let your spirit
Flow through my
Thoughts and clear
My mind of
Rambling thoughts
And useless clutter.
Open my mind,
Open my mind,
Open my mind.
Meditation 3
Release my mind
From its burden
Of thought and
Let the ideas run free.
(repeat 3 times)

## Meditation 4

Open my heart,
Push all else
To the back or
To the side.
Let love and light
And life
Flow.
Let peace and calm reside.
Let love and light
And life
Flow.

## Meditation 5

Oh Goddess,
Grant me clarity.
Oh Goddess,
Grant me purity.
Oh Goddess,
Grant me serenity.
This is my will,
So mote it be.

## The Pocket Spell Creator

Memory ( for use with oil)
Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
A better memory is what I ask,
Please accept this as your task.
Memory 2
Moon above,
Full and bright,
Help my memory
This magickal night.
Memory 3
Fill my mind
With what it needs
Always to remember.
(repeat 3 times)
This is my wish,
So mote it be.
Memory 4
Goddess of night,
Moon so bright,

Boost my memory skills.
Help me recall long ago,
As if it were just now.
Money I (for use with oil)
Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of money is what I ask,
Please accept this as your task.
Money 2
Moon above,
Full and bright,
Bring me money
This magickal night.

## Peace I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of peace is what I ask,
Please accept this as your task.

## The Pocket Spell Creator

## Peace 2

Moon above,
Full and bright,
Grant me peace
This magickal night.

## Physical Energy I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
Physical energy is what I ask,
Please accept this as your task.

## Physical Energy 2

Moon above,
Full and bright,
Grant me energy
This magickal night.

## Protection I (for use with oil)

I stand here in your guardian light, Empower this oil with your might.

Protection from harm is what I ask, Please accept this as your task.

## Protection 2

Moon above,
Full and bright,
Grant me protection
This magickal night.

## Protection 3

Protect me with your guiding light, Oh Goddess of strength, day and night.

## Protection 4

By the Full Moon's light,
I call to thee.
To use your might,
I conjure thee
With all you see,
To protect my home,
My family, and me.

## The Pocket Spell Creator

## Protection 5

Hail fair Moon Goddess,
Ruler of the night,
Guard me and mine,
Until the daylight.

## Psychic Awareness I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
Psychic awareness is what I ask,
Please accept this as your task.

## Psychic Awareness 2

Moon above,
Full and bright,
Grant me awareness
This magickal night.
Psychic Awareness 3
(for use with candle)
I set to fire the inner light,
So I may see with my second sight.

I empower this candle to shine the way, To show me the future to see what lay.
Spirits of air flow through me,
Pass through me with psychic energy.

## Purification I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
Purification is what I ask,
Please accept this as your task.

## Purification 2

Moon above,
Full and bright,
Grant me purity
This magickal night.
Sex I (for use with oil)
Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.

## The Pocket Spell Creator

The gift of sex is what I ask,
Please accept this as your task.

## Sex 2

Venus, mighty Goddess of lust,
I call upon you and pledge my trust, To bring me closer to my heart's desire, And quench my thirst with burning fire.

## Sleep I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of sleep is what I ask,
Please accept this as your task.

## Sleep 2

Moon above,
Full and bright,
Grant me sleep
This magickal night.

## Truth I (for use with oil)

Oh Goddess,
I stand here in your guardian light,
Empower this oil with your might.
The gift of truth is what I ask,
Please accept this as your task.

## Truth 2

Moon above,
Full and bright,

## Grant me truth

This magickal night.

## Casting the Circle

Three times round I cast my blade,
That this Circle shall be made.
Sacred space within this Circle now lies,
Protected from unwelcome eyes.
Let no one enter here within,
Who has not been made welcome,
So mote it be.

Opening the Circle
The Circle is open, but unbroken.
Merry meet, merry part, and
Merry meet again.

## Sectíon 14

Worksheets

## Spells

Spell name:
Type of spell:
Date created:

Time created (Specific or general):
Specific purpose:
Ingredients/Supplies:
Location required:
Moon phase required:
Deities invoked:
Step by step instructions:
Additional notes:
Dates and times performed, along with results:

## Rituals

Ritual name:
Type of ritual:
Date created:
Time created (Specific or general):
Moon phase required:
Astrological correspondence required:
Specific purpose:
Tools and other items required:
Deities invoked:
Approximate length of ritual:
Ritual composition:
Additional notes:
Dates and times performed, along with results:

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Kerri Connor dances under the moon in a rural area of lllinois with her husband, three children, four stepchildren, her dog Foxy and cat Quantico. She is an avid reader, loves gardening, and is a die-hard Chicago Bears fan.

